Title: Exome sequencing in a consanguineous Pakistani family identifies a mutational hotspot in the COL7A1 gene, causing recessive dystrophic epidermolysis bullosa

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Dear Editor,

Epidermolysis bullosa (EB) is a rare inherited blistering condition of the skin that affects approximately 1 in 120,000 people [1]. EB is heterogeneous both clinically and genetically. To date, there are more than 30 known clinical variants of EB, with casual mutations reported in as many as 18 genes [2]. With a prevalence of 1 in ~350,000 individuals, dystrophic epidermolysis bullosa (DEB) is one of the major forms of EB [1]. DEB may be inherited as a recessive (RDEB, MIM 226600) or dominant (DDEB, MIM 131750) disease, each further classified into different clinical subtypes [3].

All major forms of DEB, whether dominant or recessive, are attributable to mutations in the COL7A1 gene, which encodes type VII collagen [4]. This gene is relatively large (~32 kb, 118 exons) and, according to the COL7A1 gene variants database, it has been found to carry more than 800 individual mutations (http://www.col7a1-database.info/ Accessed 2018-12-20). While the majority of DEB-associated mutations are family-specific, some common mutations have also been identified [5].

Here, we present a consanguineous Pakistani family with four affected individuals suffering from RDEB. The patients were 3 to 12 years old, all born to consanguineous and healthy parents (Fig. 1a). The proband is the first child of double first cousins. She presented with severe skin fragility and multiple skin injuries at birth, followed by mechanically-induced generalized blistering of the skin. Blisters with atrophic scarring were, however, more frequent on hands, feet, knees, elbows, and flexural areas (Fig. 2c and d). Occasionally, the proband experienced chronic wounds at the blistering
sites that lasted for more than 6 months. Anonychia, mild dental decay and milia were also observed and tissue granulation was restricted to the abdomen. At the time of examination (12 years of age), the proband was suffering from anemia and growth retardation. Blistering of the oral mucosa was a common feature that caused severe swallowing difficulties, especially in her early childhood (Fig. 2a). Progressive contractures of hands and feet were noticed. Excessive blistering, contractures, and pseudosyndactylysm of toes resulted in a ‘mitten-feet’ (Fig. 2d). Generally, more than 40% of her skin was affected by blisters and associated symptoms. In contrast, the proband’s two affected brothers and one first cousin showed less severe symptoms. For instance, although generalized blistering of the skin and involvement of the oral mucosa was a common feature (Fig. 2b), these patients lacked symptoms like milia, atrophic scarring, chronic wounds, anonychia, tissue granulation, growth retardation, and pseudosyndactylysm of toes. The proportion of affected skin in these patients was also significantly lower. Taken together, the clinical presentation of the proband was clearly indicative of dystrophic epidermolysis bullosa. We further characterized her clinical subtype as “RDEB-generalized intermediate” by using the electronic version of a recently developed clinical diagnostic matrix for EB [6].

Because of the marked genetic heterogeneity displayed by EB, we performed exome sequencing on the proband’s DNA. We first performed homozygosity mapping on the sequencing data, which enabled us to identify numerous runs of homozygosity (ROHs), globally accounting for 248.57 Mb of the autosomal exome (Fig. 1b). Notably, chromosomes 1, 2, and 3 alone contributed to more than 72% of the total homozygosity (Fig. 1b). Following a stringent computational analysis of exome data, we retained 37 high-quality and rare (MAF<1%) homozygous variants that had an impact on the protein level (not synonymous nor intronic). Among them, a homozygous missense
(NM_000094.3:c.8038G>A:p.Gly2680Ser, genome build hg19) in exon 108 of the COL7A1 gene was considered as the potential candidate for the disease etiology. Upon Sanger validation, this variant perfectly co-segregated with the phenotype in the family (Fig. 1a and c). In silico analysis predicted this Glycine-to-Serine substitution to be highly pathogenic. The functional significance of this variant could also be recognized by the fact that codon 2680 is highly conserved across vertebrate species, both at nucleotide and amino acid levels (Fig. 1d). Finally, c.8038G>A is an extremely rare allele (allele frequency = 0.00001992 in gnomAD, absent in South Asians and with highest population-specific allele frequency of 0.000123 in Africans) with no homozygotes identified [7].

The clinical outcome and the inheritance pattern of DEB largely depends on the nature and position of mutations in the COL7A1 gene, especially when glycine substitutions within the triple helix of collagen VII are involved, notably in DDEB. However, a clear genotype-phenotype correlation is still missing in the literature [3, 8]. In particular, missense variants at codon 2680 of COL7A1 gene have been described in association with different clinical subtypes of EB. For example, c.8039G>A:p.Gly2680Asp was reported in a proband from the UK to be associated with DDEB, subtype pruriginosa [9]. The same amino acid, changed to serine, was detected as a de novo mutation in a Polish patient with severe generalized RDEB, in a compound heterozygous state with another missense variant (c.425A>G:p.Lys142Arg) [5]. Lastly, this variant was reported in conjunction with a novel frameshift mutation (c.4871delC:p.Pro1624GlnfsTer86) in a Chinese family with Bart’s Syndrome, a mild form of RDEB [10]. This highlights the fact that the absence of genotype-phenotype correlation in EB is not uncommon.
In summary, we describe here the occurrence of a missense variant c.8038G>A:p.Gly2680Ser in the COL7A1 gene, detected homozygously in a consanguineous Pakistani family with RDEB. Although this variant was previously reported to be associated with EB, to the best of our knowledge, it was never identified in a homozygous state. Our findings suggest that this mutation can be pathogenic per se, and possibly associated with generalized intermediate RDEB. Furthermore, the emergence of this particular glycine substitution in patients from diverse ethnic backgrounds such as China, UK, Poland, and Pakistan indicates that this variant most likely constitutes a recurrent mutational hotspot in the COL7A1 gene, rather than a germline mutation present at low levels in the general population.

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References


Legends:

**Figure 1:** Molecular diagnosis of patients with RDEB. (a) Pedigree of the family. Filled symbols represent affected individuals, whereas open symbols indicate healthy subjects. The proband is designated by a black arrow. DFC = Double First Cousin. Double lines between symbols indicate consanguineous marriages. (+): wild type allele, (-): mutant allele, p.Gly2680Ser. (b) Homozygosity map displaying runs of homozygous (ROH) across the genome as vertical peaks. The position of *COL7A1* is shown on the top of a large 43-Mb ROH on chromosome 3. (c) Sanger sequencing results for all available family members. The missense variant (c.8038G>A:p.Gly2680Ser) is indicated by a red arrow. While both parents and a healthy sister of the proband are heterozygous, all patients are homozygous for this mutation. (d) Output from the UCSC genome browser, showing conservation of the missense variant c.8038G>A:p.Gly2680Ser (highlighted in red box) across vertebrates.

**Figure 2:** Clinical presentation of patients with RDEB. (a) Proband showing oral blisters, mild teeth decay and facial milia. (b) Proband’s brother showing oral blisters. (c) Proband’s hands showing excessive skin eruption as a consequence of frequent blisters. (d) Proband’s feet, displaying progressive contractures coupled with pseudosyndactylism of toes, resulting in ‘mitten-feet’.
(a) A family tree showing genetic relationships and some genetic markers.

(b) A graph showing homozygous regions for PK-Q05 patient with a size of 248.57 Mb (autosomal chromosomes).

(c) Views showing reference sequences for various family members.

(d) A nucleotide alignment showing the differences in DNA sequences between species, including COL7A1.